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## March 2019 Family/Resident Newsletter

Valley View residents and staff, along with the community of Greene, were saddened to learn of the sudden death of Jim "Fuzz" O'Brien, the husband of our daytime charge nurse, Jean O'Brien. Our sincere sympathy to Jean, Joel and Cindy, and her grand-babies in this time of sorrow.



### Enhanced

*Services: Our LPNs, Shannon Lantz and Michelle Smith are taking the course, Expanded Intravenous Therapy For LPN. This will allow us to provide 24-hour IV care for our residents. This service will allow our residents to remain in the facility, rather than transfer to a hospital, if they need IV antibiotics. This helps the residents, as elderly become more confused with any transfer to and from a hospital. We know the residents best and can care for them "at home."*

### What is iPOST?

The Iowa Physician Orders for Scope of Treatment, known as iPOST, allows a person to communicate their preferences for key life-sustaining treatments including resuscitation, general scope of treatment, artificial nutrition and more. IPOST is appropriate for an individual who is frail elderly, or who has a chronic, critical medical condition or terminal illness. In the last stages of illness, health decisions can be complicated and difficult for the patient, their families, and even the treating health providers. IPOST helps health providers guide and support the patient and their families during this sensitive time. A completed IPOST creates a clear declaration of the patient's healthcare treatment choices and assures that the patient's wishes are fulfilled at the prescribed time.

Valley View and Dr. Kapler are partnering to have all residents wishes known using the iPost form.



**Congratulations!**  
2019 Valentine King  
David Schlader and  
Queen Helen Ascher  
were crowned at  
the Valentine and  
monthly birthday  
party on Feb. 14.

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With Flu season approaching, please don't visit if you have any symptoms.  
Remember: Washing your hands is the best way to prevent contamination.

